

Family violence & young people

Family Violence is epidemic in New Zealand. One in three NZ women are physically or sexually abused by an intimate partner in their lifetime (Fanslow et al, 2011). Whenever abuse occurs in a home with children or young people, they are affected, and they can be more affected in the longterm than children who are direct targets of physical abuse (Martin et al, 2006).

The impacts on young people are unique to each person, though many aspects of their life are usually affected. For example, family violence can affect a young person's ability to learn in many different ways; it can affect their relationships and how they feel about themselves; and it can impact their physical and mental health. Every young person responds in their own way.

Creating Change

The Centre for Social Research and Evaluation (Ministry of Social Development) publication "Effective social marketing: complex issues and innovative practice" from The Campaign for Action on Family Violence states:

"Many risk factors have been identified that increase the likelihood of being a victim or perpetrator of violence within the family. With the number of risk factors identified, there is no one solution for preventing violence within families. However attitudes, values and beliefs that support or excuse family members violence towards other family members are strongly linked with family violence." (McLaren, 2009)

shine*
making homes violence free

Shine is a leading specialist domestic abuse service provider, which has been helping people since 1990.

Domestic abuse is extremely common in New Zealand. One in three New Zealand women are assaulted by an intimate partner in their lifetime. Domestic abuse can also sometimes affect men and always affects children in the family.

For more information about Shine and domestic abuse visit our website:

www.2shine.org.nz

Domestic Abuse Helpline:

0508 744 633

We're here to help you.
Call us, it's free and confidential to talk.
7 days a week, 9am to 11pm.

www.facebook.com/shinenz
enquiries@2shine.org.nz

Charity #CC53385

shine*



SHINE
IN SCHOOL



Promoting safe and
healthy relationships



INTRODUCING

SHINE

IN SCHOOL

Shine in School is a free service that supports young people to stand up against family violence. We educate young people to become champions of change, by promoting safe and healthy relationships.

Our Educators can work with anyone at your school – students, teachers, student services/wellbeing teams, management, board members, and others.



What we offer

- **Presentations** – A Shine in School speaker can present to your school assembly, staff or form/whanau classes on the topic of family violence and healthy relationships.
- **Champion training workshops** – Shine in School workshops can develop learner leadership and provide peer mentoring opportunities to create change and support others to seek help. On completion, learners receive a champion pin.
- **Lessons** – Our Educators can deliver one-off or multiple lessons in the classroom. Schools often link this with NCEA credits.
- **Support for student led events** – Shine in School can support your students to plan their own events and activities that promote healthy and safe relationships and take a stand against family violence.
- **Reward and Recognition** – Learners who participate receive a certificate highlighting their leadership skills and teamwork participation.
- **Support for students affected by family violence or an unsafe intimate relationship** – We can offer a one-to-one programme for your students, including risk assessment, safety planning and education, aimed at supporting their safety and wellbeing.
- **Advisory and support service for staff** - We can provide case consultation and advice for your school staff who support students exposed to family violence and unhealthy intimate relationships.
- **Training for school staff** - We can deliver training to your school staff about family violence, its impacts and effects and how to respond to disclosures from students and others.

Benefits of Shine in School

Students learn in a fun and supportive environment about a critical social issue. Students are supported to use their leadership and initiative to create their own projects to change attitudes and behaviours and create lasting change. Students learn what they can do if they are experiencing family violence or an unhealthy relationship, and how to help others.

Schools are provided with learning opportunities that fits within their curricula and provide students with critical life skills and opportunities to develop leadership skills. We also help schools build partnerships with local organisations that will provide better ongoing support for students and their families/whanau.

Community development is integral to our approach. We provide a flexible and adaptable approach to best meet the needs of your school and your community with a view to create long-term and lasting change by changing attitudes and behaviours about violence within your school and the larger community.



GETTING STARTED

If you would like Shine in School Educators to work with your school, please contact our team at shineinschool@2shine.org.nz.

Or you can see some Shine in School highlights at www.facebook.com/ShineInSchool.

Learn more at www.2shine.org.nz.

