

We need your help

Currently we are only able to help 1 in every 4 victims that are referred to us. We need your help to ensure that more victims can get safe and stay safe.

- **\$30** can assist each family entering a Shine refuge with emergency essentials
- **\$300** can help 2 men make the first steps towards a life without abuse through our No Excuses Programme, one-to-one consultations
- **\$1,800** can provide KIDshine service to help children of one family stay safe and heal.

There are a number of ways to donate:

Online: www.2shine.org.nz

Cheque: Shine
P O Box 99890
Newmarket
Auckland 1149
Please make cheques payable to 'Shine'

Bank deposit: Please contact Suzanne Ward on 09 520 8628 for more information.

Other ways to help

There are other ways to help, too, like giving your time (little or lots), or goods and services, or supporting one of our fundraising events, or holding your own.

See our website www.2shine.org.nz under the tab "I want to help" for more information.

What our clients say

"I couldn't believe the amount of support we were given. To even come to my home and install a safety pendant was absolutely a turning point for me and my son not to be afraid. You gave us back our lives."

- A mother said this about what Shine safe@home did for her and her son

"I learned how special my partner and son are to me, and how to take steps to stop being controlling and abusive. I also learned how to take time out and sort out tough situations with my partner."

- A father after completing our No Excuses men's programme

"I know how to ring the police and that makes me feel safe. I know where to go and take my brother with me."

- A child after a visit from a KIDshine advocate

shine* www.2shine.org.nz

Free National Helpline **0508 744 633**

Provided by Presbyterian Support Northern.
Charity #CC21532

 www.facebook.com/shinenz
 enquiries@2shine.org.nz

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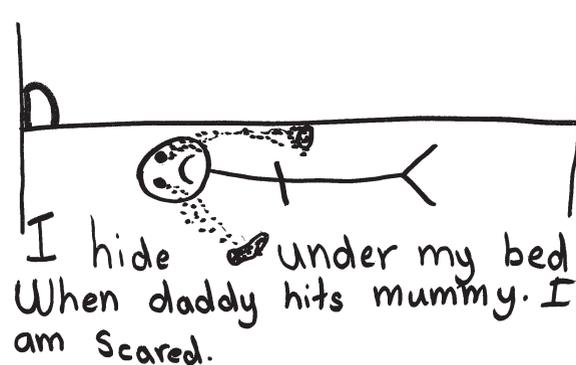
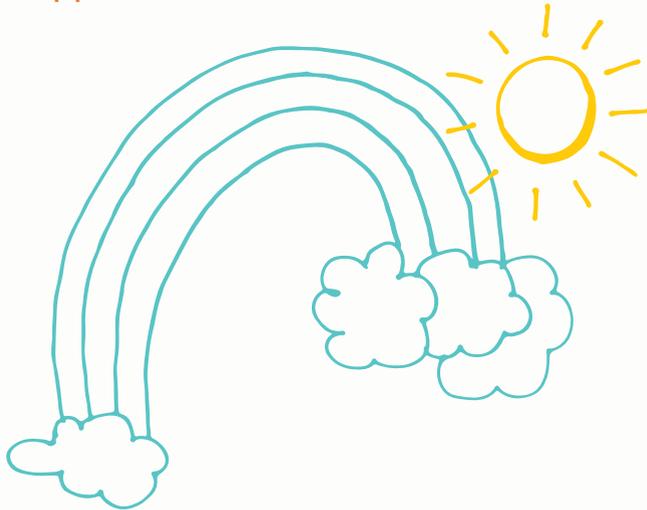
You can free
them from a life
of hell

"Dad threw mum on the floor and got a knife from the kitchen. He strangled her. He said, 'I am going to kill your mother tonight.' Mum was saying to me, 'Help me, help me' but I didn't know what to do"

- 10 year old girl

shine*

This is where we step in. Shine is New Zealand's leading provider of services working to stop domestic abuse like this. We help women, children and men get out of the cycle of domestic abuse and give them the chance of a better, happier, safer future.



We have an epidemic in New Zealand

Domestic abuse is found in all socio-economic groups, all cultures, at all stages of life – and it is at epidemic proportions in New Zealand.

Did you know:

- Well over 100,000 domestic abuse incidents are recorded by Police every year. They estimate that is less than 30% of all incidents.
- Half of all the murders in our country are domestic related.
- 1 in 3 New Zealand women will be assaulted by an intimate partner during their lifetime.

The statistics are scary but you can make a difference. Your support can help victims of domestic abuse, and their children, to get safe and stay safe.

How Shine helps

Every year, Shine directly helps thousands of adult and child victims of domestic abuse to be safer, and we motivate hundreds of men that hurt their families to change their behaviour. We help thousands more by supporting and training other professionals to effectively intervene and support victims of domestic abuse.

Most of our face-to-face services support victims to be safe:

- Free-to-call national domestic abuse helpline 0508 744 633
- Crisis support and advocacy for victims of abuse, in coordination with key agencies including Police, Oranga Tamariki, and others, with a focus on victims at highest risk of being killed
- Women's refuges and transitional housing – safe emergency accommodation for women and children, with onsite staff support; and 2 low-rent transitional houses for families

We provide a service specifically for children who've been exposed to domestic abuse:

- KIDshine

We encourage men to change their thinking and behaviour to build non-violent relationships based on respect:

- No Excuses – stopping violence programme

We train and support professionals throughout New Zealand to respond effectively:

- Professional Training
- Health sector support & advocacy needing longer term support.